

**Rooted Moms Podcast | Ep. 01: Thriving in Every Season of Life**  
With Katie Gibson

### **Key Takeaways**

- Thriving doesn't always look like thriving. Our lives can look barren from the outside, but be thriving on the inside. We can have joy, peace, and fulfillment despite our circumstances.
- The reason many of us struggle to fully trust God is that we don't really know Him through personal experience. We don't really "yada" Him.
- As we turn from our ways and trust fully in God, get to know Him through His Word, and gather in life-giving community, we will naturally bear good fruit.
- We all want the abundant life Jesus promised, but many of us are going about it the wrong way— by striving, not abiding. Instead of striving to bear good fruit, we should strive to know the Lord and the fruit will naturally follow.
- Fear of the Lord does not mean to be afraid (in terror) of Him. It means to reverence and live in awe of the Lord— humbly worshiping and submitting our lives to Him.
- Fruit is not for the tree— it's for everyone else. When our lives bear good fruit, others get to "taste and see that the Lord is good" (Psalm 34:8).
- The primary way God speaks is through His Word. If we want to live abiding and obedient lives, we need to be in His Word— we need to read it for ourselves and get to know God through it.
- To move from striving to abiding, we need to learn to turn from relying on ourselves and trust fully in God's ways and wisdom, inviting Him into every area of our lives.
- God entrusts us with our children, and He will guide us with wisdom as we look to Him.
- As Christ-followers, we carry the Holy Spirit into every place we go.
- Good works are meant to be the fruit of our relationship with God— not the root of it.

### **Scripture References**

- "The thief comes only to steal and kill and destroy; I have come that they may have life and have it to the full." John 10:10 (NIV)
- "Oh, that we might know the Lord! Let us press on to know him. He will respond to us as surely as the arrival of dawn or the coming of rains in early spring." Hosea 6:3 (NLT)
- "'For my thoughts are not your thoughts, neither are your ways my ways,' declares the Lord. 'As the heavens are higher than the earth, so are my ways higher than your ways and my thoughts than your thoughts.'" Isaiah 55:8-9 (NIV)

- "Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen." Ephesians 3:20-21 (NIV)
- "Do not merely listen to the word, and so deceive yourselves. Do what it says. Anyone who listens to the word but does not do what it says is like someone who looks at his face in a mirror and, after looking at himself, goes away and immediately forgets what he looks like. But whoever looks intently into the perfect law that gives freedom and continues in it—not forgetting what they have heard, but doing it—they will be blessed in what they do." James 1:22-25 (NIV)
- "This is what the Lord says: 'Cursed is the person who trusts in mankind. He makes human flesh his strength, and his heart turns from the Lord. He will be like a juniper in the Arabah; he cannot see when good comes but dwells in the parched places in the wilderness, in a salt land where no one lives. The person who trusts in the Lord, whose confidence indeed is the Lord, is blessed. He will be like a tree planted by water: it sends its roots out toward a stream, it doesn't fear when heat comes, and its foliage remains green. It will not worry in a year of drought or cease producing fruit.'" Jeremiah 17:5-8 (CSB)