

Rooted Moms Podcast | Ep. 02: The Power of Life-giving Community
With Jessica Parker

Key Takeaways

- There is a difference between community and *life-giving* community.
- Life-giving community acknowledges that life in this broken world is hard, but reminds us to fix our focus on the truth that Jesus, our Savior, has overcome the world. This gives us joy and peace.
- Community that is not life-giving can leave us feeling discouraged and depleted. Life-giving community challenges us to shift our mindset from complaining and despair to gratitude and hope.
- Life-giving community gives us a place where we can hear, “me too,” and know that we’re not alone in our life, relational, and parenting struggles.
- There are no levels of the Holy Spirit. No one has “insider access.” Life-giving community provides a safe place where we can bring our honest questions and grow with each other.
- At Rooted Moms, we believe there are 4 key components to life-giving community: connection, care, celebration, and a catalyst for spiritual growth.
- Social media often gives us a false sense of connection. Having a lot of “friends” or “followers” on social media does not fill our need for connection.
- The enemy is constantly trying to drive relational wedges and keep believers out of community because it is God’s desire to build us in community.
- God designed for us to be in community and desires to dwell with us in community.
- God’s Word doesn’t change, but it changes us.

Scripture References

- “I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.” John 16:33 (NIV)
- “As iron sharpens iron, so one person sharpens another.” Proverbs 27:17 (NIV)
- “The Lord God said, ‘It is not good for the man to be alone. I will make a helper suitable for him.’” Genesis 2:18 (NIV)

- “For where two or three gather in my name, there am I with them.” Matthew 18:20 (NIV)
- “The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.” John 10:10 (NIV)
- “For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.” Hebrews 4:12 (NIV)